

Dr. Bruce Wong

- Born and raised in Honolulu, Hawaii
- Iolani High School Graduate
- University of Hawaii, Manoa Graduate
- Doctor of Chiropractic from Life Chiropractic College West
- Founder of Lifetime Family Wellness Centers
- Author and developer of numerous Family Wellness Workshops, including the "Eat Well Experience"
- Awarded "All World" chiropractic membership by the Waiting List Practice
- Featured on numerous television programs including "Half Hour to Health," "Connecting Point," and "Praise the Lord"



"Lifetime Family Wellness Centers enables me to help people become the best they can be, which constantly inspires me to be the best wellness doctor and role-model I can be."

–Dr. Bruce Wong

After receiving his Doctorate in Chiropractic, Dr. Bruce Wong was frustrated with the common stereotype of chiropractic treatment for back pain. It was this frustration that drove Dr. Bruce to pursue continuing education courses and seminars so he could provide better chiropractic wellness care to his patients. As a chiropractic health and wellness practitioner, Dr. Bruce shares his broad knowledge of genetically-congruent, health education with patients to improve their lifestyle choices with his family wellness integration programs.

In full-time, private practice since 1989, Dr. Bruce has shared his lessons and experience as a successful businessman, natural healthcare practitioner, gifted teacher, dedicated mentor, and wellness coach with thousands of patients and chiropractors alike.

With his experience in wellness, Dr. Bruce has consistently grown his practice and prides himself on delivering results and exceptional customer service. Today he, along with his skills doctors and exceptional staff, operates Lifetime Family Wellness Centers, the largest wellness clinic in Hawaii and one of the largest Chiropractic centers in the world. Lifetime Family Wellness Centers has three doctor-led workouts each week along with a Family Wellness Workshop every Tuesday night. Dr. Bruce's passion is healing whole families in body, mind and spirit so they can live life to its fullest.

Co-Founder of BonfireHealth.com, Dr. Bruce and his partner's vision is to take the wellness paradigm to a sick and suffering world and combat political dogma, media hype, and public misinformation regarding health and healing. Dr. Bruce's favorite bible verse is Hosea 4:6 "God's people perish for lack of knowledge."

Dr. Bruce Wong was born and raised in Honolulu, Hawaii, resides with his beautiful wife, Audrey, and his two adopted children, Haley and Jacob. He loves to surf, golf, and stay active in fitness. His dedication to wellness is second to none. "My body, created by God and for God, deserves to be treated with love and respect, there for I am very discerning with what goes into it. For instance, I have not eaten ice cream in over 20 years, and if I did, my body would react appropriately... by throwing up."

Dr. Bruce's mission is to inspire people to achieve optimum health in all aspects of life by teaching people about true health. "God created us to be healthy by choosing wisely how we live. In modern times, choices can literally be deadly. When we allow mass media to influence our lifestyle and choose to act upon unnatural desires, we fall into the trap of consuming food products and implementing lifestyle habits that claim to make us happier, more beautiful, or better in other ways. But, in reality, these choices only make us unhealthy and unhappy in the end." Dr. Bruce wholeheartedly believes everyone deserves to be healthy. He is blessed to have found his purpose in educating others and helping to improve their health, lifestyles, and families.

